Yom Kippur Healing Service Temple Emanuel of Andover 5782/2021

On this sacred day, what kinds of healing do you need? What kinds of healing can you offer?

Sh'ma koleinu (Debbie Friedman)

Sh'ma koleinu, Adonai Eloheinu Chus v'rachem aleinu V'kabeil b'rachamim uv'ratzan et t'filateinu, Ki Eil shomei'a t'filat v'tachanunim Atah.... Ya la la.....

Hear our voice, Adonai our God; Have compassion upon us, And accept our prayer with favor and mercy, For You are a God who hears prayers and supplication.

Mi Shebeirach (Debbie Friedman)

Mi she-beirach avoteinu, M'kor habrachah l'imoteinu. May the Source of strength who blessed the ones before us Help us find the courage to make our lives a blessing, and let us say, amen.

Mi she-beirach imoteinu, M'kor habrachah la'avoteinu. Bless those in need of healing with *refu'ah sh'leimah,* The renewal of body, the renewal of spirit, and let us say, amen.

For Acts of Healing and Repair

Adapted from Mishkan Hanefesh for Yom Kippur

God our Creator and Guide, let us reflect on the healing acts by which we bring You into our lives, the acts of repair that make You a living presence in our words and deeds:

> Acts of healing we have done by judging others with compassion, And acts of repair we have done through rigorous self-judgment;

Acts of healing we have done through kindness to parents and children, And acts of repair we have done through loyalty to spouses, partners, and friends;

Acts of healing we have done by seeing the holy in the ordinary, And acts of repair we have done by taking upon ourselves sacred obligations;

> Acts of healing we have done by seeking forgiveness, And acts of repair we have done by forgiving others;

Acts of healing we have done by receiving life as a blessing and a gift, And acts of repair we have done by expressing gratitude and appreciation;

Acts of healing we have done by listening with an open mind to those we love, And acts of repair we have done by making our homes shelters of safety and peace –

For all of these bring nearer the day when You shall be one and Your name shall be one.

An Unending Love

Rami Shapiro

We are loved by an unending love.

We are embraced by arms that find us, even when we are hidden from ourselves We are touched by fingers that soothe us, even when we are too proud for soothing. We are counseled by voices that guide us, even when we are too embittered to hear. We are loved by an unending love.

We are supported by hands that uplift us, even in the midst of a fall. We are urged on by eyes that meet us, even when we are too weak for meeting. We are loved by an unending love.

Embraced, touched, soothed, and counseled, Ours are the arms, the fingers, the voices; ours are the hands, the eyes, the smiles; We are loved by an unending love.